

The background of the book cover is a textured, painterly illustration. On the left, a Native American man is shown in profile, facing right. He has a feathered headdress and a beaded necklace. On the right, a bird of prey, possibly an eagle, is shown in profile, facing left. The background is a warm, orange-yellow color with soft, blended brushstrokes.

Animal Spirit Call

Interspecies Communication

Power Circle

Penelope Smith

Animal Spirit Call Recording Notes

Over the years, students of our Advanced Interspecies Communication Courses had requested a recording for remembrance and further practice of the drumming and chanting we did to gather our energy and call in the spirits. The form of this **Spirit Power Circle** came from my guiding spirits and through knowledge of the Native American Medicine Wheel. The **Student Power Song** came as I drummed with students to call in the spirits of all the directions. It has now been sung in circles around the world.

The Ancient Grandmothers, our wise female ancestors from many cultures, having returned to Earth from ages of exile on the Moon, conduct us deeper into our true source of divine power within. They fully initiated me into their circle this lifetime after my fiftieth birthday in 1996. The winged Ancient Grandfather spirits hold the circle of energy, uniting with and conducting the wisdom and healing power of the Grandmothers. These Ancient Ones are wise, powerful, playful, and loving characters. They have added their blessings to this recording with some powerful healing songs.

You will hear the words “Ho” and “Hai” in the **Spirit Power Circle**. The Grandmothers taught me to use the feminine form of affirmation or acknowledgement, “Hai,” after, or in conjunction with, sounding the masculine form of affirmation, “Ho.” They have explained that this helps unite the masculine and feminine energies within us and on the Earth, this unity of opposites being the direction of evolution in this age.

Track 14 The steady drumming is for shamanic journeying, as learned in the *Advanced / Interspecies Communication Course—the Deepening*. For further instruction or review of shamanic journeying, refer to Michael Harner’s book, *The Way of the Shaman*.

At the end of the steady shamanic journey drumming, the drum beats four times to signal that it is time to return. Then the drum beats rapidly for the return journey. If your journey is complete before the recorded drumming time, you can return without waiting for the callback drumming. You can also extend the drum accompaniment to your journey by returning to the beginning of the drumming track.

Circle Singers: Penelope Smith, Ethan Kenning, Kate Munger, Jim Fox
Drum, rattles, bells and ocarina: Penelope Smith
Ancient Grandmothers’ Voices: Penelope Smith
Drumming inspiration: Howard Dean and the Ancient Ones

Produced by Penelope Smith
Recorded and mixed by Ethan Kenning in The Coop, Olema, California
Photos of Spirit Power Circle: Howard Dean
Photos of Penelope: Alan Weingrad
CD Cover Art Director Lauraine Bacon/The Rainbow
CD Cover Design: Blue Cat Studio

Penelope Smith is a founding pioneer in the field of interspecies communication, author of the popular books, *Animal Talk*, *When Animals Speak*, and *Animals In Spirit*. For further information, visit <https://animaltalk.net>

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TRACKS

1. **Entry into the Spirit Power Circle:** Cleanse body, heart, mind and spirit by burning sage or by inhaling essential oils or fresh air as you listen to the heartbeat drumming and chanting 2:24.
2. **Connecting to Mother Earth** and all her creatures 2:12
- 3-8. **Calling the Spirits of all the Directions with drumming, rattling, and the Student Power Song** 12:41
 3. **East** (Eagle Power, Fire Element, Spring Season, Spiritual Body) 2:07
 4. **South** (Coyote Power, Water Element, Summer Season, Emotional Body) 2:09
 5. **West** (Bear Power, Earth Element, Autumn Season, Physical Body) 2:08
 6. **North** (White Buffalo Power, Air Element, Winter Season, Mental Body) 2:05
 7. **Above** (Father Sky and all that is above) 2:06
 8. **Below** (Mother Earth and all that she holds) 2:06
9. **Dancing all the Directions within us** with our power animal guides in a clockwise direction 3:23
10. **Connecting to all in the Spirit Power Circle and beyond:** feeling our gathered spirit power and the intentions in our hearts; joining intentions in the center of the circle; gathering the energy of our circle between our hands; directing energy into our body or out to the world; walking out of the circle and into the world to the heartbeat drumming 5:42
11. **Ancient Grandmothers Blessing for the Earth and all her children** 12:07
12. **Ancient Grandmothers Healing for the Individual Soul** 9:15
13. **Ocarina call of the Ancient Ones** 3:52
14. **Shamanic journey drumming** 18:48

Total time 70:34 minutes

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